

APPENDIX 7 **Families First Overview**

Parenting Consortia: Y Teulu Cyfan, Action for Children, Flintshire Meeting Service, Daffodils, and Flintshire Parenting Strategy.

The Parenting Support Consortia will provide a needs led approach to supporting families at early stages of problems preventing issues escalating. This model will refine and coordinate current work, utilising trauma informed approaches to support families, realising the impact of ACE's, recognising the signs of trauma and responding appropriately with needs led, flexible, effective provision including 1:1 home based provision, volunteer support, counselling for parents, family therapy and coordinated family plans.

The aim of the consortia will be to pro-actively resist re traumatisation and mitigate the impact of ACE's within the whole family heavily weighted towards direct work with parents.

Young People Consortia: Action for Children, Resilience, Barnardo's, Aura Leisure and Flintshire Local Voluntary Council

Keyworkers who have Extensive knowledge and experience of working with Adverse Childhood Experiences will offer bespoke 1:1, family and group Interventions to help mitigate the impact of 2+ Aces for young people aged 11 to 25.

Joint work between **Schools, Pupil Referral Unit, Resilience, Youth Justice Service, other Families First providers** and community-based projects to offer interventions to address issues identified, for example: domestic abuse, impact of parental separation, child abuse, impact of parental substance/alcohol abuse, emotional abuse /neglect.

Action for Children will work alongside Mainstream universal targeted and specialist services to provide specific information, advice and assistance for young people who that are at risk of sexual exploitation or displaying sexually harmful behaviour.

Disability Consortia: Action for Children, Groundwork, Daffodils, Family Information Service, Aura Leisure and Flintshire Buddy play scheme

This collaboration will deliver bespoke programmes of support to meet individual needs, including:

- 1:1 Learning and Development interventions to support disabled young people develop healthy life skills e.g. budgeting, healthy eating and exercise
- Social activities for disabled YP to develop new skills and promote creativity
- Local community-based activities with members of the consortium e.g. **Aura, Flintshire Buddy play scheme** providing additional support to provide integrated activities of choice.
- **Groundwork** 'Open mind, open spaces' scheme supports disabled young people and their families to engage with Green Spaces to improve physical and mental wellbeing.
- **Daffodils** provide planned community based activities involving extended families and days out to community venues.
- Play activities will be accessed as appropriate during weekends and evenings throughout the week and school holidays and our aim will always be full integration into community activity.

